



### Maandag

09:00 - 10:00	<b>RPM</b> RPM Zaal
09:00 - 10:00	<b>Bodystep</b> Studio 1
09:30 - 10:30	<b>Function/Cxworx</b> Fitness Zaal
09:30 - 10:00	<b>CXWORX</b> Studio 1
13:30 - 14:30	<b>Bodybalance</b> Studio 1
15:30 - 16:15	<b>STREETDANCE</b> gr. 3 t/m 5
16:15 - 17:15	<b>STREETDANCE</b> klas 1 & 2
17:15 - 18:30	<b>STREETDANCE</b> Selectie Explosion
18:30 - 19:00	<b>GRIT</b> Studio 1
19:00 - 19:30	<b>Function</b> Fitness Zaal
19:00 - 20:00	<b>Bodybalance</b> Studio 2
19:00 - 20:00	<b>Bodypump</b> Studio 1
19:30 - 20:00	<b>CXWORX</b> Fitness zaal
20:00 - 21:00	<b>Bodycombat</b> Studio 2
20:00 - 21:00	<b>RPM</b> RPM Zaal
20:00 - 21:00	<b>Sh'bam</b> Studio 1

### Dinsdag

09:30 - 10:00	<b>Function</b> Fitness Zaal
10:00 - 10:30	<b>CXWORX</b> Fitness Zaal
15:30 - 16:30	<b>Seniorenfitness</b> Fitness Zaal
15:45 - 17:15	<b>STREETDANCE</b> Selectie Unstoppable
17:15 - 18:15	<b>STREETDANCE</b> Klas 3+
18:00 - 19:00	<b>Kickboksen</b> Jeugd
19:00 - 20:00	<b>Bodypump</b> Studio 1
19:00 - 20:00	<b>RPM</b> RPM Zaal
19:00 - 20:00	<b>Bootcamp</b>
20:00 - 20:30	<b>GRIT</b> Studio 1
20:00 - 21:00	<b>Kickboksen</b> Studio 2

### Woensdag

09:00 - 10:00	<b>Bodypump</b> Studio 1
19:00 - 20:00	<b>Bodycombat</b> Studio 1
19:00 - 20:00	<b>Bodystep</b> Studio 2
19:30 - 20:00	<b>Function</b> Fitness Zaal
20:00 - 20:30	<b>CXWORX</b> Fitness Zaal
20:00 - 21:00	<b>Bodybalance</b> Studio 2
20:00 - 21:00	<b>Bodypump</b> Studio 1
20:00 - 21:00	<b>RPM</b> RPM Zaal

### Donderdag

09:00 - 09:30	<b>Bodystep</b>
09:00 - 10:00	<b>Bodybalance</b> Studio 2

### Donderdag

09:30 - 10:00	<b>CXWORX</b> Fitness Zaal
15:30 - 16:30	<b>Seniorenfitness</b> Fitness Zaal
15:30 - 16:30	<b>STREETDANCE</b> gr. 6 t/m 8
16:30 - 17:45	<b>STREETDANCE</b> Selectie Extreme Vibe
19:00 - 20:00	<b>Bodypump</b> Studio 1
19:00 - 20:00	<b>Sh'bam</b> Studio 2
19:00 - 20:00	<b>RPM</b> RPM Zaal
20:00 - 21:00	<b>RPM</b> RPM Zaal
20:00 - 20:30	<b>GRIT</b> Fitness Zaal

### Vrijdag

09:00 - 10:00	<b>Bodycombat</b> Studio 1
09:00 - 10:00	<b>Bodypump</b> Studio 2
10:00 - 10:30	<b>Function</b> Fitness Zaal
10:30 - 11:00	<b>CXWORX</b> Fitness Zaal
19:00 - 20:00	<b>Kickboksen</b> Studio 2
19:00 - 20:00	<b>RPM</b> RPM Zaal

### Zaterdag

09:30 - 10:30	<b>Bodypump</b> Studio 2
10:30 - 11:30	<b>RPM</b> RPM Zaal

### Zondag

10:00 - 11:00	<b>RPM</b> RPM Zaal
11:00 - 11:30	<b>CXWORX</b> Fitness Zaal